

[Subscribe](#)[Past Issues](#)[Translate ▼](#)[View this email in your browser](#)

Dear <<First Name>>,

Each month, we share stories, resources, and opportunities that highlight the many ways communities are shaping health justice from the ground up. These updates reflect a common thread in our network: building durable power through connection, courage, and creativity.

In this issue, you'll find a powerful member spotlight on United Vision for Idaho and new resources to read and listen to. We've also included funding opportunities that may be of interest and align with your work.

Three Things

To **watch**: ["Courageous Conversation with Dr. Don Berwick"](#) — In the latest Courageous Conversation, Dr. Don Berwick, former CMS Administrator and Rx trustee, offers an unflinching look at the state of U.S. healthcare and the courage required to change it.

To **listen**: ["Insurance Denials Explained"](#) — A KFF Health News + NPR Life Kit podcast episode that unpacks why insurance denials happen, how to appeal them, and what systemic reforms could reduce their harm.

To **read**: ["How an ACA Premium Spike Will Affect Family Budgets and Voters"](#) — Drew Altman of KFF examines how rising health insurance costs could ripple across households and the political landscape.

United Vision for Idaho: Rebuilding Democracy from the Ground Up

In communities often dismissed as “politically lost,” United Vision for Idaho (UVI) is demonstrating that democracy can be renewed through the power of relationships. Partnering with the Rx Foundation, UVI has developed a relational texting program that connects trained volunteers with individuals experiencing rising extremist activity. These conversations, often unfolding over days or weeks, create space for people to feel heard—sometimes for the first time.

The results are remarkable: in hundreds of conversations, participants who began with hostility shifted toward neutral or positive engagement, with no reversals. Volunteers describe the program as “a training ground for empathy, resilience, and conflict de-escalation,” skills they bring back into their families and communities.



"We've never had a more powerful moment to do real civic education.

We can help people make sense of what they're living through and remind them that **democracy belongs to all of us.**"

– Adrienne Evans, Executive Director
United Vision for Idaho

Some highlights from their approach include:

- The United Vision Project: A relational texting program pairs trained volunteers with individuals in high-risk areas experiencing extremist activity. These dialogues, supported by UVI's 64-page conversation guide, create openings for connection and transformation.
- Insights at scale: Analysis of over 35,000 texts showed participants often shifted from hostility to neutrality, then to openness—without regression. Respondents reflected that the conversations felt therapeutic, created

space to be heard, and reshaped how they approach disagreements in daily life.

- **A civic renaissance within reach:** By building empathy, resilience, and connection, UVI offers a tested method for repairing the foundations of democracy.

These highlights are only part of the story. We encourage you to read the full piece to learn more about UVI's model and what it teaches us about health, democracy, and connection.

[Read more about UVI's Relational Organizing](#)

Why This Matters

UVI's work reminds us that health justice requires more than clinical care—it demands agency, representation, and voice. Their model shows how repairing democracy itself is part of repairing the health of our communities.

At Rx Foundation, we are grateful to partner with United Vision for Idaho and to learn from their bold, people-centered approach to organizing. Their leadership affirms our shared commitment: building equitable solutions by centering relationships, resilience, and hope.

Funding Opportunities

We know many in our network are looking for resources to sustain and grow their work. Here are two opportunities that may be relevant:

- **Ben & Jerry's Foundation:** Grassroots Organizing National Grant

Supports grassroots, constituent-led organizing efforts working to advance social and environmental justice.

[Learn more & apply »](#)

- **Everyday Democracy: Archier Impact Award**
Recognizes and supports organizations driving inclusive dialogue and civic action to strengthen democracy and equity.

[Learn more & apply »](#)

In solidarity,
The Rx Foundation Team



Copyright © 2024 Rx Foundation, All rights reserved.

Our mailing address is:

P.O. Box 23
Hadley, MA 01035

Want to change how you receive these emails?
You can **update your preferences** or **unsubscribe from this list**.